

Speed sounds

Consonants Say the pure sounds (do not add 'uh').

f	l	m	n	r	s	v	z	sh	th	ng
ff	ll	mm	nn kn	rr	ss	ve	zz s			nk

b	c	d	g	h	j	p	qu	t	w	x	y	ch
bb	k ck	dd	gg			pp		tt	wh			tch

Vowels Say the sounds in and out of order.

at	hen head	in	on	up	day	see happy	high find	blow no
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zoo	look	car	for door snore	fair	whirl	shout	boy spoil
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Each box contains one sound but sometimes more than one grapheme. Focus graphemes are circled.

Green words

Read in Fred Talk (pure sounds).

off still well long too for glass shop
have

Read in syllables.

to`mo`rrow → tomorrow sand`wich → sandwich

Read the root word first and then with the ending.

pop → popped
swim → swimming
big → biggest

Red words

watches me was to all said my want
you are of school

Challenge word

humph

Off sick

Introduction

Have you been off sick from school? Is it fun or boring?
Who looks after you when you're sick?

The little girl in this story is too sick to go to school.
She has to stay in bed and rest. She must not watch TV,
eat too much or go swimming. It's okay at first, but as the
day goes on she gets fed up and bored, especially as her
brother is allowed to have fun.

How will her mum and dad cheer her up?

Story written by Gill Munton
Illustrated by Tim Archbold



Vocabulary check

Discuss the meaning (as used in the story) after the children have read each word.

ha ha!

definition:

slightly sneering laugh

sentence:

Sam had to go, ha ha!

nap

a little sleep

I had a nap

humph

fed up, cross noise

I said, humph.

Punctuation to note in this story:

- 1. Capital letters to start sentences and full stop to end sentences*
- 2. Capital letters for names*
- 3. Exclamation marks to show anger, shock and surprise*
- 4. 'Wait and see' dots...*

Off sick

9 o'clock

I am off sick. I am still in bed.

I am not going to school.

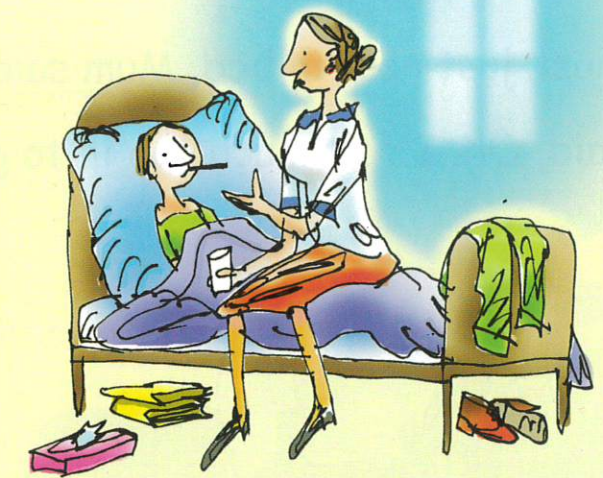
Sam had to go, ha ha!

I am not well at all.

It's my tum. I want to be sick, and I'm much too hot.

Mum said, I'll ring Miss Flint and tell her you are ill.

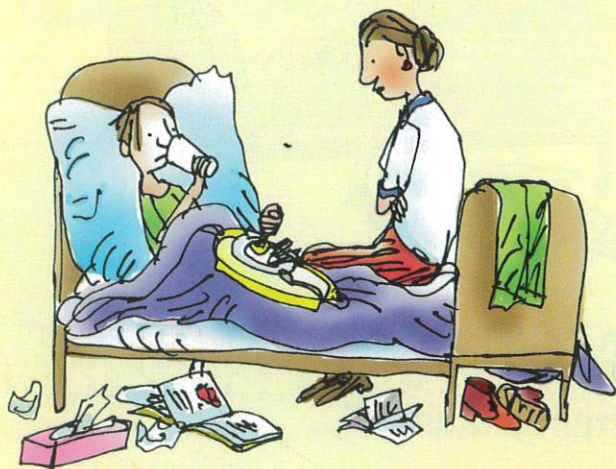
I said, OK.



12 o'clock

I must just rest in bed, Mum said.

I said, OK. I felt much too ill to get up.



You can have an egg for lunch,

Mum said, and a glass of milk.

I said, OK. I had a bit of the egg,

and a sip of the milk (yuck).

You must not watch TV, she said.

You must just rest in bed.

I said, OK. I had a nap. It was a long nap.

4 o'clock

Sam's back from school.

He has a sandwich and a hot drink,

and he watches Batman on TV.

Then he is going swimming with Dad.

But not me.

I am still in bed,

and I am fed up with it!



Mum, let me get up, I said.

No, she said.

Not yet.

But I am OK! I am!

Yes, my tum is OK.

No, I do not want to be sick.

No, I am not too hot.



Mum said, you cannot get up yet.

I said, but I want to go swimming with Dad and Sam!

No, said Mum. No swimming. Not yet.

You can have a sandwich, she said.

I said, but I want a bag of crisps and a can of pop!

No, said Mum. Not yet. And no TV.



7 o'clock

I am still in bed.

Sam popped in and said, bad luck!

No swimming for you, pal.

I said, humph.



Mum and Dad popped in and sat on my bed.

Dad hugged me and Mum kissed me.

We will go swimming tomorrow, they said.

Then we will go to the sweet shop.

You can have the biggest lolly in the shop.

Then you can pick a film from the shop.

I said, OK.

It's not that bad, being off sick.



Questions to talk about

Re-read the page. Read the question to the children. Tell them whether it is a **FIND IT** question or **PROVE IT** question.

FIND IT

- ✓ Turn to the page
- ✓ Read the question
- ✓ Find the answer

PROVE IT

- ✓ Turn to the page
- ✓ Read the question
- ✓ Find your evidence
- ✓ Explain why

Page 9:	FIND IT	Why isn't she going to school?
Page 10:	FIND IT	What did she have for lunch?
Page 11:	PROVE IT	Why is she becoming 'fed up' with being in bed?
Page 12:	PROVE IT	Why do you think Mum won't let her get up yet?
Page 13:	FIND IT	What things does she want to do or have?
Page 14:	PROVE IT	In the beginning of the story the girl thinks it's great that she doesn't have to go to school, and Sam does. How does she feel now when Sam comes to tell her about swimming?
Page 15:	PROVE IT	Why do Mum and Dad promise all sorts of treats for the next day?

Questions to read and answer

(Children complete without your help.)

1. I'm not very well. It's my back. / It's my head. / It's my tum.
2. Mum said I must rest in bed / I must watch TV / I must go for a swim.
3. For lunch I had a sandwich / an egg and milk / a can of pop.
4. Sam went to the park with Dad / to the shops with Dad / swimming with Dad.
5. Tomorrow I can pick a film from the shop / go to the park / rest in bed.

Speed words

Children practise reading the words across the rows, down the columns and in and out of order clearly and quickly.

glass	bed	well	hug	too
ring	lunch	swimming	tomorrow	cannot
watch	me	no	go	don't
I'm	long	shop	biggest	popped

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