



Faith is all around us.

We have to have faith in ourselves in order to be the best that we can be.

We are a small school, with big hearts and together we beat as one.

PSHE – Intent, Implementation and Impact Statement

Intent

Personal Social Health Education (PSHE) including Relationships Sex Education (RSE) is at the heart of our school values and ethos and runs throughout all that we do.

Our PSHE/ RSE curriculum aims to enable our children to become healthy, safe, independent, responsible members of society who demonstrate respect in the local communities and also in the wider world.

At Wistow, we teach PSHE sessions weekly and cover a range of topics including: Families and Relationships, Health and Wellbeing, Safety and the Changing Body, Citizenship, Economic Wellbeing and Transitions to the next year group/ stage of life.

Throughout these units, key learning is embedded including valuing different family structures, creating and maintaining positive friendships and developing safe and respectful relationships. We also help the children to understand their changing bodies, promote good health and first aid skills, help the children to learn to make independent choices and not be influenced by others as well as linking all of this to the digit world and operating safely within it.

Through the teaching of PSHE, we will help pupils to aspire to be the best that they can be. They will be provided with opportunities to learn about their rights and responsibilities and be a valuable member of diverse societies. We will help them to understand the moral, social and cultural issues that are part of Britain.

The children will learn about British Values including democracy, rule of law, mutual respect and tolerance. These will also be embedded into everyday life at Wistow.

Staff will support children in developing their sense of self-worth, nurturing them in a way that allows them to understand their strengths and that everybody is different. They will have a good understanding of themselves, show empathy, an ability to form and maintain positive relationships by treating others fairly and equally.

Children will learn about both their physical and mental health. They will understand and have strategies to help them become resilient and confident so they can help themselves if they feel stressed, overwhelmed, sad or angry. Staff will explain that no emotions or feelings are wrong, but our behaviour when we feel those emotions can sometimes be and teach the children strategies to cope with this.

Online safety will be taught in both PSHE and Computing. We will teach our pupils about personal safety and strategies of what to do when they may feel unsafe (both online and offline).

Implementation

Personal Social Health Education (PSHE) including Relationships Sex Education (RSE) is at the heart of our school ethos and runs throughout all that we do.

Pupils are taught regularly timetabled PSHE / RSE lessons by a member of Wistow staff with whom the pupils are familiar.

The Curriculum is split into 6 themes and is taught as a spiral curriculum so topics are re-visited in more depth to match the maturity of the pupils: Families and Relationships, Health and Wellbeing, Safety and the Changing Body, Citizenship, Economic Wellbeing and Transitions to the next year group/ stage of life.

Lessons are adapted to meet the needs of each individual class / pupils and to deal with issues as they arise.

Lessons are delivered in a way that ensures pupils feel safe and encourages participation by using a variety of teaching approaches with opportunities to develop critical thinking and relationship skills.

Data from the 'Growing Up In North Yorkshire Survey' and pupil voice is used to ensure lessons meet the needs of our pupils.

Assemblies, themed days, visits and visitors are used to support the teaching and are not used in place of it.

We work in partnership with parents informing them about what their children are learning and when required, providing guidance towards resources that can be used at home.

Lessons and school ethos:

Promote safe, equal, caring and enjoyable relationships and we discuss real-life issues appropriate to the age and stage of pupils, including friendships, families, consent, relationship abuse, sexual exploitation and safe relationships online.

Give a positive view of human sexuality, with honest and medically accurate information, so that pupils can learn about their bodies and sexual and reproductive health in ways that are appropriate to their age and maturity.

Gives pupils opportunities to reflect on values and influences (such as from peers, media, faith and culture) that may shape their attitudes to relationships and sex, and nurtures respect for different views.

Includes learning about how to get help and treatment from sources such as the local nurses and other health and advice services, including reliable information online.

Fosters gender equality and LGBT+ (lesbian, gay, bisexual, trans) equality and challenges all forms of discrimination. -meet the needs of all pupils with their diverse experiences .

Including those with special educational needs and disabilities.

Sessions and work produced in those lessons will be recorded weekly in a class scrap book, with evidence of the pupils' work and pupil voice.

Impact

We are proud of the PSHE / RSE work that we deliver at Wistow, the evidence being seen through the well-rounded, confident, tolerant and independent pupils that leave us at the end of year 6.

The pupils' attitude, behaviour and demeanour around school, within lessons, at playtimes' and out in the community demonstrates the respect, tolerance and high aspirations that our pupils have of themselves and each other.

Pupils leave us ready for their next step into Secondary school and are armed with skills, knowledge and understanding that they can take forward into adulthood.

Our pupils leave us prepared for life in an ever-changing modern Britain. They have the tools they need to succeed, keep themselves safe and thrive.

Pupils show mature, sensible behaviour in situations where they may feel unsafe or like something is not right. They are able to apply what they have learned in PSHE to make good choices and be their best.