

# Am I Ready For School?

## Tips for Parents

When your child starts primary school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help set targets and track their progress.



### Self-care

- I know when to wash my hands
- I can wipe my nose
- I can ask for help if I don't feel well



### Interest in the World and New Activities

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions

### Speaking and Literacy

- I am interested in reading stories and looking at picture books
- I am able to talk about myself, my needs and feelings
- I am practising recognising my name when it is written down

### Writing Skills



- I like tracing patterns and colouring in
- I enjoy experimenting with different shaped scribbles
- I can hold a pencil

### Getting Dressed and Undressed on My Own

- I can buttons and unbutton my clothes
- I can put my own shoes and socks on
- I can put on my coat and use a zip



### Going to the Toilet

- I can go to the toilet on my own, wipe myself properly and flush
- I can wash and dry my hands without any help



# Am I Ready For School?

## Independence

- I am happy to be away from my mummy, daddy or main carer
- I am happy to tidy my belongings and look after my things
- I am feeling confident about starting school

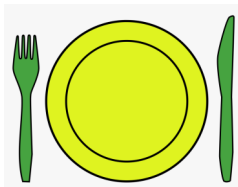


## Listening and Understanding

- I am able to sit still and listen for a short while
- I can follow instructions
- I understand the need to follow rules
- I know that we must be kind to others and show respect

## Eating

- I can use a knife and fork
- I can open my packed lunch on my own
- I am confident at opening wrappers and packaging



## Sharing and Turn Taking

- I can share toys and take turns
- I can play games with others
- I can interact with other children

## Counting Skills

- I enjoy practising counting objects
- I like saying number rhymes and playing counting games
- I can recognise some numbers when they are written down



## Routines

- I have practised putting on my uniform and getting ready to leave on time
- I have a good bedtime routine so I am not tired when I come to school
- I am learning to eat at the times I will be when I am at school (10.30am and 12.00pm)

