



Wistow Parochial CE VC
Primary School
Church Hill
Wistow
Selby
North Yorkshire
YO8 3UU

20 March 2026

Sample Parent

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<http://www.wistowschool.co.uk>

Sample Student (Year 1, Samples)

School Meal Choices Monday 20th April to Friday 8th May 2026

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Please complete this school meal selection by **8:00 am on Wednesday 25th March 2026**. *even if your child does not require a school meal.*

If you don't complete this form and submit by 8:00 am on the above date then the form will expire and you will no longer be able to submit. Your child would then need to bring a packed lunch for the duration of the three week meal cycle.

Please take a moment to look at the menu choices with your child so that you can pick something that you know they will enjoy eating and will fill them up ready for their afternoon of learning. When menu choices are made that the children don't like to eat we see a lot of food waste, and children who are not eating their meals will be hungry after lunch. This is not something that anyone wants. Mrs Kirk and her team constantly review the menu to make sure that the food they prepare is nutritionally balanced, but also appealing to the children. However, we know that not all children like the main choice every day which is why we also offer sandwiches and jacket potatoes for those times.

Main choice vegetarian options are marked with a (V) and vegan with a (VG)

** The numbers at the beginning of each meal choice are just to aid calculating figures on the dinner registers spreadsheet and can be ignored.*

A PDF copy of this menu and details of all allergens can be found on our website under the "Parents" tab, then "School Meals"

PLEASE NOTE: All main meals are served with a selection of freshly baked breads, home cooked potatoes and seasonal vegetables/salad.

Week Beginning Monday 20th April 2026

Monday 20th April 2026

- 1. No School Meal Required
- 2.
- 3. Ham Baguette
- 4. Chicken Nuggets with Baked Potato Wedges
- 5. (V) Nacho Pasta

Dessert: (V) Shortbread
Fresh Fruit or Fruit Yogurt

Tuesday 21st April 2026

- 1. No School Meal Required
- 2. (VG) Baked Bean Jacket
- 3.
- 4. (V) Pizza with Diced Potatoes
- 5. Chilled Tasty Tuna Pasta

Dessert: (V) Victoria Sponge
Fresh Fruit or Fruit Yogurt

Wednesday 22nd April 2026

- 1. No School Meal Required
- 2. (V) Cheese Jacket
- 3.
- 4. Roast Gammon with Mashed Potatoes
- 5. (V) Toad in the Hole

Dessert: (V) Victoria Sponge
Fresh Fruit or Fruit Yogurt

Thursday 23rd April 2026 ****CURRY CLUB SPECIAL****

- 1. No School Meal Required
- 2.
- 3. (V) Cheese Baguette
- 4. Chicken Tikka with rice, naan bread & vegetables
- 5. (V) Sweet Potato & Lentil Korma with rice, naan bread & vegetables

Dessert: (Vg) Iced Fruit Smoothie
Fresh Fruit or Fruit Yogurt

Friday 24th April 2026

- 1. No School Meal Required
- 2. (Vg) Baked Beans Jacket Potato
- 3.
- 4. Fish Fingers with Chips
- 5. (Vg) Chilled Tangy Tomato Pasta

Dessert: (V) Sweet Potato Brownie
Fresh Fruit or Fruit Yogurt

Week Beginning Monday 27th April 2026

Monday 27th April 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3. Ham Sandwich
- 4. All Day Breakfast

Dessert: (Vg) Oat Cookie
Fresh Fruit or Fruit Yogurt

Tuesday 28th April 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3.
- 4. (V) Pizza with Baked Potato Wedges
- 5. Crispy Salmon Strips

Dessert: (V) Lemon Drizzle Bun
Fresh Fruit or Fruit Yogurt

Tuesday 5th May 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3.
- 4. (V) Pizza with Baked Potato Wedges
- 5. Chilled Tasty Tuna Pasta

Dessert: (V) Chocolate Cookie
Fresh Fruit or Fruit Yogurt

Wednesday 6th May 2026

- 1. No School Meal Required
- 2.
- 3. (V) Egg Mayo Sandwich
- 4. Roast Chicken & Yorkshire Pudding
- 5. (V) Quorn Fillet & Yorkshire Pudding

Dessert: (V) Jelly & Ice cream
Fresh Fruit or Fruit Yogurt

Thursday 7th May 2026

- 1. No School Meal Required
- 2. Tuna Mayo Jacket Potato
- 3. (V) Cheese Sandwich
- 4. Bolognese Pasta

Dessert: (V) Fruit Muffin
Fresh Fruit or Fruit Yogurt

Friday 8th May 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3.
- 4. Fish Fingers & Chips
- 5. (Vg) Chilled Tangy Tomato Pasta

Dessert: (V) Chocolate Lava Cake

Fresh Fruit or Fruit Yogurt

Name:

Date:
