



Wistow Parochial CE VC
Primary School
Church Hill
Wistow
Selby
North Yorkshire
YO8 3UU

22 April 2026

Sample Parent

Email: admin@wistow.n-yorks.sch.uk
Phone: 01757268378
Website:
<http://www.wistowschool.co.uk>

Sample Student (Year 1, Samples)

School Meal Choices Monday 11th May to Friday 5th June 2026

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Please complete this school meal selection by **8:00 am on Wednesday 29th April 2026**. *even if your child does not require a school meal.*

If you don't complete this form and submit by 8:00 am on the above date then the form will expire and you will no longer be able to submit. Your child would then need to bring a packed lunch for the duration of the three week meal cycle.

Please take a moment to look at the menu choices with your child so that you can pick something that you know they will enjoy eating and will fill them up ready for their afternoon of learning. When menu choices are made that the children don't like to eat we see a lot of food waste, and children who are not eating their meals will be hungry after lunch. This is not something that anyone wants. Mrs Kirk and her team constantly review the menu to make sure that the food they prepare is nutritionally balanced, but also appealing to the children. However, we know that not all children like the main choice every day which is why we also offer sandwiches and jacket potatoes for those times.

Main choice vegetarian options are marked with a (V) and vegan with a (VG)

** The numbers at the beginning of each meal choice are just to aid calculating figures on the dinner registers spreadsheet and can be ignored.*

A PDF copy of this menu and details of all allergens can be found on our website under the "Parents" tab, then "School Meals"

PLEASE NOTE: All main meals are served with a selection of freshly baked breads, home cooked potatoes and seasonal vegetables/salad.

Week Beginning Monday 11th May 2026

Monday 11th May 2026

- 1. No School Meal Required
- 2.
- 3. Ham Baguette
- 4. Chicken Nuggets with Baked Potato Wedges
- 5. (V) Nacho Pasta

Dessert: (V) Shortbread
Fresh Fruit or Fruit Yogurt

Tuesday 12th May 2026 EUREKA! TRIP SELBY, FOUNTAINS, BOLTON CLASSES

Selby, Fountains & Bolton Classes please select 1. No School Meal Required. You have the option to choose a school packed lunch on the Eureka! consent form sent out via ParentMail if you would like school to make your child a packed lunch for the trip at no charge.

- 1. No School Meal Required
- 2. (VG) Baked Bean Jacket
- 3.
- 4. (V) Pizza with Diced Potatoes
- 5. Chilled Tasty Tuna Pasta

Dessert: (V) Victoria Sponge
Fresh Fruit or Fruit Yogurt

Wednesday 13th May 2026

- 1. No School Meal Required
- 2. (V) Cheese Jacket
- 3.
- 4. Roast Gammon with Mashed Potatoes
- 5. (V) Toad in the Hole

Dessert: (V) Jelly & Ice Cream
Fresh Fruit or Fruit Yogurt

Thursday 14th May 2026

- 1. No School Meal Required
- 2. Tuna Mayo Jacket
- 3. (V) Cheese Sandwich
- 4. Pasta Bolognese
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Dessert: (V) Crumble Sponge & Custard
Fresh Fruit or Fruit Yogurt

Friday 15th May 2026

- 1. No School Meal Required
- 2. (Vg) Baked Beans Jacket Potato
- 3.
- 4. Fish Fingers with Chips
- 5. (Vg) Chilled Tangy Tomato Pasta

Dessert: (V) Sweet Potato Brownie
Fresh Fruit or Fruit Yogurt

Week Beginning Monday 18th May

Monday 18th May 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3. Ham Sandwich
- 4. All Day Breakfast

Dessert: (Vg) Oat Cookie
Fresh Fruit or Fruit Yogurt

Tuesday 19th May 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3.
- 4. (V) Pizza with Baked Potato Wedges
- 5. Crispy Salmon Strips

Dessert: (V) Lemon Drizzle Bun
Fresh Fruit or Fruit Yogurt

Wednesday 20th May 2026

- 1. No School Meal Required
- 2.
- 3. (V) Cheese Sandwich
- 4. Roast Beef & Yorkshire Pudding
- 5. (Vg) Tasty Tomato Pasta

Dessert: (V) Fruit & Ice Cream
Fresh Fruit or Fruit Yogurt

Thursday 21st May 2026 ****SEASIDE LUNCH SPECIAL DAY**** & CENSUS DAY

All children in Reception, Year 1 and Year 2 will be opted into 4. Fish Bites & Chips if no meal is selected. They can bring in a 'back-up' pack up. See the email sent out on 22nd April for more information on Census Day.

- 1. No School Meal Required
- 2.
- 3.
- 4. Fish Bites & Chips
- 5. Crispy Vegetable Fingers & Chips

Dessert: (Vg) Ice-Cream Sundae
Fresh Fruit or Fruit Yogurt

Friday 22nd May 2026 ****TRAINING DAY, SCHOOL CLOSED****

- 1. No School Meal Required
- 2.
- 3.
- 4.
- 5.

Dessert:

Week beginning Monday 1st June 2026

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Monday 1st June 2026

- 1. No School Meal Required
- 2.
- 3. (V) Cheese Baguette
- 4. Chicken Katsu Curry & Rice
- 5. (Vg) Sausage Roll with Baked Diced Potatoes

Dessert: (V) Chocolate Cookie
Fresh Fruit or Fruit Yogurt

Tuesday 2nd June 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3.
- 4. (V) Pizza with Baked Potato Wedges
- 5. Chilled Tasty Tuna Pasta

Dessert: (V) Doughnut Muffin
Fresh Fruit or Fruit Yogurt

Wednesday 3rd June 2026

- 1. No School Meal Required
- 2.
- 3. (V) Egg Mayo Sandwich
- 4. Roast Chicken & Yorkshire Pudding
- 5. (V) Quorn Fillet & Yorkshire Pudding

Dessert: (V) Jelly & Ice cream
Fresh Fruit or Fruit Yogurt

Thursday 4th June 2026

- 1. No School Meal Required
- 2. Tuna Mayo Jacket Potato
- 3. (V) Cheese Sandwich
- 4. Bolognese Pasta

Dessert: (V) Chocolate Lava Cake

Fresh Fruit or Fruit Yogurt

Friday 5th June 2026

- 1. No School Meal Required
- 2. (Vg) Baked Bean Jacket Potato
- 3.
- 4. Fish Fingers & Chips
- 5. (Vg) Chilled Tangy Tomato Pasta

Dessert: (V) Fruit Muffin
Fresh Fruit or Fruit Yogurt

Name:

Date:
